

All Time Top 10 - Outdoor Women

100m

1	11.73	Dylan Gileley	2025
2	11.94	Taylor Johnson	2025
3	11.95	La'tazah Coleman	2013
4	12.01	Lillian Laboy	1994
5	12.03	Mia Riley	2012
6	12.13	Mariah Stephens	2024
7	12.15	Genesis Walker	2021
8	12.19	Valencia Gosser	2025
9	12.28	Cleopatra Morrison	2015
9	12.28	Morgan Bennett	2016

100H

1	13.41	Sara Gardner	2018
2	13.94	Raisa Palleija	2025
3	13.97	Mariah Stephens	2024
4	14.08	Daria Chadwick	2016
5	14.09	Dashana Ransome	2013
6	14.18	Joshonda Johnson	2019
7	14.32	Wisdom Maddox	2022
8	14.42	Lexie Fraction	2016
9	14.75	Karlise Cureton	2008
10	14.77	La'tazah Coleman	2013

200m

1	23.87	La'tazah Coleman	2013
2	24.51	Hailey Palmer	2024
3	24.74	Erin McMullin	2011
4	24.75	Sheree Duval	2000
5	24.77	Dylan Gileley	2025
6	24.83	Taylor Johnson	2025
6	24.99	Sara Gardner	2018
8	25.10	Lillian Laboy	1994
9	25.15	Mia Riley	2011
10	25.16	Carla Wynter	2005

400m

1	54.30	Sheree Duval	1999
2	55.11	Erin McMullin	2011
3	55.28	Hailey Palmer	2025
4	56.19	Tamara Rawles	2025
5	56.86	Jennifer Gramata	2004
6	56.94	Teagan Schein-Becker	2024
7	57.11	La'tazah Coleman	2013
8	57.16	Morgan Jean	2025
9	57.41	Sophia Castronovo	2019
10	57.54	Carla Wynter	2005

400H

1	1:00.39	Alenys Morales	2023
2	1:00.44	Dyani Bigelow	2022
3	1:01.42	Nicole Georgia	2016
4	1:02.24	Maddie Hummel	2013
5	1:02.46	Genesis Small	1999
6	1:02.57	Nicole Berry	2019
7	1:02.59	Joshonda Johnson	2018
8	1:02.91	Lydia Wallace	2022
9	1:03.19	Ashley Hunter	2012
10	1:03.23	Daria Chadwick	2017

800m

1	2:00.54	Teagan Schein-Becker	2024
2	2:09.83	Kristin Siegle	2021
3	2:11.24	Steph Welte	2016
4	2:11.58	Oliva de la Torre Coca	2023
5	2:11.91	Mackenzie Greenfield	2022
6	2:12.22	Lydia Wallace	2025
7	2:12.76	Heather Giovagnoli	2012
8	2:13.36	Krisantha Spencer	2025
9	2:13.70	Tori Brewer	2018
10	2:14.77	Kristen Perrine	2011

1500m

1	4:08.85	Teagan Schein-Becker	2024
2	4:22.45	Kristin Siegle	2021
3	4:28.76	Emily Ritter	2014
4	4:29.93	Jordan O'Neill	2023
5	4:30.19	Grace Medei	2025
6	4:30.32	Oliva de la Torre Coca	2023
7	4:31.64	Steph Welte	2016
8	4:32.90	Heather Giovagnoli	2012
9	4:33.32	Mackenzie Greenfield	2022
10	4:36.82	Sarah Eskew	2023

3000m Steeplechase

1	9:54.34	Emily Ritter	2015
2	10:30.48	Peri Pavicic	2019
3	11:02.04	Sarah Eskew	2023
4	11:04.12	Rae Santora	2016
5	11:07.14	Chelsea Callan	2011
6	11:29.32	Erin Fitzgibbons	2012
7	11:29.52	Jillian Shutt	2013
8	11:38.50	Ulrike Bromme	2002
9	11:41.03	Andrea Campbell	2006
10	11:43.72	Megan O'Halloran	2003

All Time Top 10 - Outdoor Women

5000m

1	16:38.61	Grace Medei	2025
2	16:48.91	Jordan O'Neill	2025
3	16:49.31	Niky Mateescu	2016
4	16:55.37	Emily Ritter	2015
5	17:08.54	Mackenzie Greenfield	2022
6	17:10.83	Meg McGarrity	2017
7	17:12.52	Meg Elgin	2014
8	17:21.85	Peri Pavicic	2019
9	17:29.86	Keira Mansure	2024
10	17:53.27	Liz Fis	2025

Long Jump

1	6.13m	Raisa Thunig	2023
2	5.97m	Mariah Stephens	2025
3	5.94m	Asia Young	2017
3	5.89m	Samara Jones	2025
5	5.79m	Lindsay Bauer	2018
6	5.78m	Dashana Ransome	2014
7	5.77m	Olivia Smith	2024
8	5.67m	Karissa Watson	2021
9	5.55m	Olivia Rosenberger	2014
10	5.52m	Mechea Medine	2005

10,000m

1	34:45.34	Niky Mateescu	2016
2	35:38.11	Grace Medei	2025
3	36:26.64	Jordan O'Neill	2023
4	36:35.18	Keira Mansure	2024
5	36:50.20	Nicole Tassello	2013
6	37:02.29	Meg McGarrity	2017
7	37:14.89	Kelly Wojciehowski	2009
8	37:35.84	Meg Elgin	2014
9	38:16.64	Makala Hansen	2025
10	38:19.04	Kelli Kaelin	2012

Triple Jump

1	12.24m	Lauryn Strebeck	2014
2	12.22m	Samara Jones	2025
3	12.14m	Mariah Stephens	2023
4	12.12m	Tabatha Haskins	2009
5	11.99m	Destiny Kearney	2017
6	11.95m	Sam Butler	2022
7	11.81m	Yohanny Rodriguez	2019
7	11.77m	Elizabeth Spokony	2008
9	11.77m	Olivia Rosenberger	2016
10	11.75m	Wisdom Maddox	2022

Pole Vault

1	4.01m	Allie Riches	2022
2	3.81m	Kianna Tucker	2025
3	3.77m	Gabby Vetere	2025
4	3.55m	Danielle Izzo	2018
5	3.50m	Miranda Roberts	2016
6	3.23m	Jen Riley	2003
7	3.20m	Alyson Angelo	2007
8	3.15m	Alexis Barrall	2021
9	3.05m	Rebecca Clatch	2006
10	2.90m	Ashley Miller	2006

Shot Put

1	15.03m	Fidele Jules	2017
2	14.84m	Jazmine Fenlator	2006
3	14.15m	Ronetta Hunter	2019
4	14.03m	Chika Efobi	2023
5	13.98m	Steph Lombardo	2015
6	13.93m	Ashley Berry	2019
7	13.90m	Natya Glasco	2023
8	13.80m	Alexis Wood	2003
9	13.70m	Alicia Price	2010
10	13.63m	Maura Baker	2023

High Jump

1	1.78m	Kelly Kajunski	2007
2	1.71m	Daria Chadwick	2016
2	1.71m	Savanna Marcantonio	2023
4	1.70m	Katie O'Connor	2007
4	1.70m	Taylor Harmon	2015
4	1.70m	Quinn Bithell	2019
7	1.69m	Brooke Murray	1997
8	1.68m	Jen Molinelli	1996
9	1.67m	Yohanny Rodriguez	2018
10	1.66m	Jennifer Williams	2003

Discus

1	50.16m	Jazmine Fenlator	2007
2	45.68m	Ashley Berry	2019
3	44.59m	Gina Monari	1999
4	43.32m	Steph Lombardo	2015
5	43.01m	Fidele Jules	2017
6	42.76m	Angelina Tapia	2022
7	42.04m	Jen Alksmant	2010
8	41.83m	Maylisa Bluford	2025
9	41.00m	Alexis Pignataro	2017
10	40.72m	Andrea McKenna	2013

All Time Top 10 - Outdoor Women

Javelin

1	44.56m	Grace Ramsey	2022
2	43.40m	Kathryn Campbell	2017
3	43.09m	Rebecca Clatch	2007
4	40.93m	Elizabeth Clatch	2007
5	40.66m	Maya Ashu	2025
6	40.62m	Savanna Marcantonio	2025
7	39.13m	Rachel Schwenk	2024
8	38.61m	Mackenzie Virgil	2025
9	38.00m	Tumelo Nwanma	2017
10	37.70m	Erin Smith	2010

Hammer

1	56.43m	Karoline Sandvig	2018
2	56.11m	Alicia Price	2010
3	55.98m	Rhea Phipps	2014
4	53.80m	Jazmine Fenlator	2007
5	53.22m	Sam Kamara	2024
6	52.60m	Ashley Berry	2019
7	51.90m	Treasure Burke	2012
8	48.26m	Natya Glasco	2024
9	48.20m	Alexis Pignataro	2018
10	48.02m	Fidele Jules	2017

4x100

1	46.18	Giloley, Palmer, Johnson, Gosser	2025
2	46.70	Thunig, Palmer, Stephens, Morales	2023
3	46.88	Gosser, Stephens, Palmer, Fairfax	2024
4	49.94	Walker, Stephens, Legzdins, Palmer	2022
5	47.05	Thunig, Stephens, Gosser, Morales	2023

4x400

1	3:45.78	Palmer, Jean, Rawles, Giloley	2025
2	3:48.09	Palmer, Rawles, Pinkett, Giloley	2025
3	3:48.92	Johnson, Duval, Vaughan, Small	1999
4	3:49.80	Palmer, Morales, Wallace, Schein-Becker	2023
5	3:50.27	Johnson, Ilelaboye, Bithell, Castronovo	2019

4x800

1	8:48.92	Yameogo, de la Torre Coca, Wallace, Schein-Becker	2023
2	8:48.99	Wallace, de la Torre Coca, Schein-Becker, Greenfield	2022
3	8:58.62	O'Neill, Wallace, Spencer, de la Torre Coca	2023
4	9:02.14	Elgin, Hummel, Ritter, McAtee	2013
5	9:03.58	O'Neill, Wallace, Spencer, Fis	2025

DMR

1	11:29.54	O'Neill, Palmer, de la Torre Coca, Schein-Becker	2023
2	11:48.25	Elgin, Edwards, Hummel, Ritter	2013
3	11:48.70	Fis, Pinkett, Spencer, O'Neill	2025
4	11:50.50	Elgin, Hunter, Perrine, Giovagnoli	2012
5	11:51.16	Elgin, Edwards, Hummel, Ritter	2014